



NEW

August 2010

Gurus Corner

Spiritual Games - I

Spiritual Housie

Material Required:

1. Housie tickets with names of Gods in place of the usual numbers. To prepare these tickets list out the 108 names of Gods. With the use of computer software, you can prepare any number of tickets - Each bearing nine names of Gods from these 108. The software ensures that 'No two tickets are identical.'
2. List of 108 names.
3. 108 individual chits bearing one name each.

How to play:

Same way as normal housie is played. i.e. Distribute tickets to all players. Pick out one chit at a time and call out the name. Tick the same in the list. You can have prizes for first line, second line, third line and full house.

Benefits of the game:

1. Nama-Smaran, done easily with full concentration. (Try to recollect how you behave when you play housie).
2. While playing you can also ask children question on the names called (in short). You can ask whether they can recollect any bhajan or shloka with the particular name, and reward children who answer. (This is revision the fun way).
3. This game can be played even with large number of people. In fact the more the merrier.

Game 2

This same game can be modified for our individual balvikas classes where number of children is normally much smaller.

Material Required:

Here, we do not use the housie tickets. Instead we have two sets of chits with the names of god and one list.

How to play:

Distribute one set of chits equally among the children. With the second set play housie as usual, picking up one chit at a time and calling out the name. The child who has corresponding chit has to surrender his chit. Go on playing till only one chit remains with one child. That child is the winner.

Benefits of the game:

1. Nama-Smaran.
2. The winner holds on to gods name the longest hence he is the winner.
3. Like the earlier game, this one also can be used for revision.

108 names of gods which can be used for both the above games. Gurus can make additions to this list.

1. Anjaneya
2. Anandadayi
3. Ananta
4. Achyuta
5. Allah
6. Amba
7. Bhagawan
8. Bhuvaneshwari
9. Buddha
10. Brahma
11. Bholanath
12. Bansidhar
13. Bhavani
14. Chittachora
15. Dattatreya
16. Deenabandhava
17. Devi
18. Damodara
19. Durga
20. Ekvira
21. Easwar

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22. Easwaramma
23. Gauri
24. Ganesh
25. Gangadhar
26. Ganapati
27. Girija
28. Govinda
29. Gopala
30. Giridhari
31. Ghanashyam
32. Hari
33. Hara
34. Hanuman
35. Indra
36. Janani
37. Janaki
38. Janardhana
39. Jagannath
40. Jagadeeshwari
41. Jesus
42. Jagadodhara
43. Jagadamba
44. Kartikeya
45. Krishna
46. Keshava
47. Kubera
48. Kamakshi
49. Kali
50. Karunakara
51. Kanhaiya
52. Lakshmi
53. Meenakshi
54. Madhava
55. Madhusudana
56. Murlidhara
57. Maithili
58. Mukunda
59. Murahara
60. Mazda
61. Mahamaya
62. Mahesha
63. Murari
64. Maruti
65. Narayana
66. Neelkanth
67. Neelagreeva
68. Narayani
69. Nandalal
70. Nandakishor
71. Narasimha
72. Natavar
73. Omkar
74. Parvati
75. Panduranga
76. Pandharinath
77. Purandhara
78. Pavaka
79. Parthiswara
80. Saraswati
81. Shambho
82. Sudarshan
83. Sita
84. Sai Baba
85. Sai ma
86. Skanda
87. Savita
88. Shiva
89. Shankar
90. Saiswara
91. Rama
92. Raghava
93. Rahim
94. Rudra
95. Radha
96. Shakti
97. Trayambak
98. Trinetra
99. Uma
100. Vaidehi
101. Vishnu
102. Vithal
103. Vinayaka
104. Nalini
105. Yadunandana
106. Radheshyam

- 107. Venugopal
- 108. Dayasagar



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