



## Syllabus

### Group I - Syllabus

	1st Year	2nd Year	3rd Year
Chanting	Omkar		
Stotras	Om karam	Yaa Kundendu	Shantakaram
	Gurur Brahma	Kailasara	Poorvam Rama
	Vakratunda	Om Sarva mangala	Manojavam
		Namastestu Mahamaye	Vedandurate
		Suprabhatam	Vande Devam Umapatim
		1-27 Ashtotaras	28-54 ashtotaras
Prayers	Karagre	Karacharanam	Gayatri
	Harir Data	Om Sarvevai	
	Twameva Mata		
	Asato Ma		
	Om Sahanavavatu		
Bhajans	Jaya Guru	Om Tatsat	Hey Shiva Shankara
	Krishnam vande	Jai Jai ram	Govinda hare
	Jai Radha	Shaila girishwara	Shiva shambo
	Jai durga	Om Namu bhagvate	Om Shri ram jai ram
	Gopala Gopala	Mahaganapate	Govinda krishnavitale
	Alakh niranjana		
	Value songs (regional)	Value Songs (regional)	Value Songs (regional)
Stories	Story Telling *	Story Telling *	Story Telling *
Other Religions	Broad details of the Main religions of The World - Islam Christianity, Buddhism, & Zoroastrianism		
Health & Hygiene	Yoga	Yoga	Yoga
Japa	Om Sri Sairam	Om Sri Sairam	Om Sri Sairam
Silent Sitting	Silent sitting	Form Meditation	Form Meditation

- Stories for Children - Part One
- Unity of Faiths through stories
- Chinna Katha
- Life of Bhagawan Baba
- Ramayana

#### Miscellaneous :

- Vedas
- 5 Elements - Educare
- Duty, Devotion, Discipline
- Ceiling on Desires
- Role play, Quiz, Attitude Testing
- National Symbols
- Experiential Learning - Mind mapping and web charting

**Vedas** - Ganapathy prarthana, Shivopasana mantram, Narayana Upanishad, Kshama prarthana.

#### Significance of Festivals:

- Guru Purnima, Diwali, Christmas, Khordad Sal, Dassera, Ganesh Chaturthi, Id, Bhagawan Baba's Birthday, New year

### Group II - Syllabus

	1st Year	2nd Year	3rd Year
Chanting	Omkar & Pranayam	-do	-do
Shlokas	Ashtotaras 54-108		
	Gita Shlokas on Karma, Bhakti	Bhaja Govindam 1 - 8	Bhaja Govindam 9-16
	Gita Shlokas on God and Avtar		

- History
- Aims
- Concept
- Parenting
- Events
- Training Programmes
- Expansion
- Development
- Syllabus
- Bal Vikas Administration
- Past Students
- Home

#### Activities from States

At the Lotus Feet

Gurus Corner

Children's Corner

From the Annals of the World History

Special Page

Glory of Bharath

Prayers	Deepam Jyoti	Ishavasyam idam	Purnamidam
	Food Prayers		
	Other Religions	Other Religions	Other Religions
Words of Wisdom	1 - 7	8 - 15	16 - 23
Gems	1 - 17	18 - 34	35 - 53
Bhajans	Arati	Jaya Jaya Rama	Hari Hari Smaran
	Shri Ganesha	Gopala radhe Krishna	Jai Jai Durge
	Har Shiva Shankara	Jai jai Manmohana	Hey Madhava
	Govinda rama	Gangadhara	Gurupada ranjana
		Sitaram nama bhajo	Allah Tumho
			Rama hare Sai Krishna hare
	Value songs	Value songs	Value songs
Health & Hygiene	Yoga	Yoga	Yoga
Meditation	Jyoti Meditation	Jyoti Meditation	Jyoti Meditation

### Stories

Stories for Children - Part two

Temples of India, Holy Places in India

Lives of Great Men, Patriots and Saints

Life of Baba

### Miscellaneous :

- Health and Hygiene & Yoga
- Tenets of Major Religions
- Importance of Prayer, Omkar, Japa & Dhyana
- National Symbols - 4
- Ceiling on Desires
- 5 Elements & Inter-relationship with Man
- 5 D's
- Prayers of other Religions

### Significance of Festivals:

- Navratri, Shivaratri, Easter, Guru Nanak's Birthday, Mahavir jayanti, Nag panchami, Janmashtami, Buddha Jayanti, Holi

### Group Activities:

Role Play, Quiz, Antakshari, Shramdan, Narayan Seva, Attitude Testing Vedas - Mantrapushpam, Durga Suktham, Purusha Suktham, Neela Suktham. Experiential Learning

### Group III - Syllabus

Gita shlokas on Gyan, Sadhana, & Karma

Life of Vivekananda and Ramakrishna, Lives of Regional saints of India, Ideals of Sai Education, Message of Gita in day to day life, Importance of Prayer, Omkar, Japa and Dhyana, Saving Habits, Personal health and hygiene, Management of Thought, Breath and Time, 5 D's, 5 Elements and its Inter-Relationship with Man.

**Community Living** like Participation in family work, Synthesis of Major Religions, Cultural Habits and Manners of India, Lives of Freedom fighters, National Integration., Role of intuition

**Project** year to include Camps, Seminar, Debates, Symposia, Shramdhan, Training as Seva dal/ B V Guru, Project Work, Study Circle. Experiential Learning, VIP programme

**Vedas** - Narayana suktham, Medha suktham, Bhu suktham, Sri suktham.